

SUMMER 2018

welcome to the

Counseling Newsletter

State College Area High School

TWITTER: @COUNSELINGHIGH / FACEBOOK: STATE HIGH COUNSELING



our offices

- **COUNSELING, GRADES 10-12**
650 Westerly Parkway 814-231-1130, C135
- **COUNSELING, GRADE 9 (9LC)**
650 Westerly Parkway 814-235-4994, C037
- **DELTA, RIT, Virtual Programs, GRADES 9-12**
154 West Nittany Avenue 814-231-1000

The Counseling Office (room C-135) will be open June 20- August 24 8:00am – 4:00pm (closed for lunch 11:30-12:30). A summer counselor will be available by appointment to newly enrolled students and other counseling needs, but not for schedule changes. Please call 231-1130 to make an appointment. The 9LC office will not be open during the summer.

For the most up to date information go to www.scasd.org

TESTING DATES 2018-2019

PSAT date

Wednesday, October 10, registration information and details to follow. Top PSAT scores qualify for National Merit Scholarships (NMSQT) only if taken as a junior.

ACT Test registration Calendar

September 8, 2018, register by August 3
 October 27, 2018 register by September 21
 *December 8, 2018 register by November 2
 February 9, 2019, register by January 4
 *April 13, 2019, register by March 8
 June 8, 2019, register by May 3
 July 13, 2019, register by June 14
 *Given at State High
 ACT go to www.actstudent.org

SAT/SAT Subject Tests registration calendar

August 25, 2018, register by July 27
 October 6, 2018, register by September 7
 *November 3, 2018, register by October 5
 December 1, 2018, register by November 2
 March 9, 2019, register by February 8
 May 4, 2019, register by April 5
 June 1, 2019, register by May 3
 *NOT given at State High

SAT go to www.collegboard.org

New Counselor Assignments



Here are the new counselor assignments for the 2018-19 school year:

9th grade (9LC):

Tanya Anderson **A-K**

Suzanne Lyke **L-Z**

Administrator – Christina Manning

10th – 12th grades:

Katelynn Parkes **A-Co**

Steve Guthoff **Cr-G**

Administrator – Kathy Pechtold

Paul Brigman **H-K**

Bethany Chamberlain **L-N**

Administrator – Katy Ricker

Dave Eckberg **O-Si**

Jack McCurdy **Sk-Z**

Administrator – Laura Tobias

Delta/RIT Counselor – Andrea Larson

New Lead Counselors:

Suzanne Lyke smj11@scasd.org

Paul Brigman pgb14@scasd.org

Please contact them with any high school counseling questions.

Ancillary Counselors:

Family & Community Engagement/School Counselor – Susan Marshall

Home-School Visitor – Cindy Sergeon

Visit <https://www.scasd.org/Page/10035> for contact information

UPDATED CREDIT REQUIREMENTS

The Class of 2020 and beyond will be required to complete 25 credits for graduation. The following are the number of credits needed to advance to the next grade level:

9th-10th grade 5.5 credits

10th-11th grade 10.5 credits

11th-12th grade 17.0 credits

RESOURCE FOR STUDENT ANXIETIES ABOUT SUCCESS

Go to

www.forbes.com/sites/willarddix/2017/04/20/pay-attention-to-students-anxieties-about-success/#4f37d5522926

WELCOME, Class of 2022!

- Freshman Kick off will be held on Thursday, August 23. Watch for more information from the 9LC office to be sent out via email this summer or look for it on the high school home page. www.scasd.org
- New Student/Family Orientation – Any family with a 9th-12th grade student is invited to attend our New Student/Family Orientation on Monday, August 20 from 1pm-3pm in the new High School. Call us at 231-1130 with any questions.

QUICK FACTS FOR EVERYONE:

- Summer schedule changes – your schedule for the 2018-19 school year will be posted online through the Student Portal in early August. You will be given the opportunity to submit a request for changes. Schedule Change Forms and instructions will also be available online and instructions will be sent via email in early August. Schedules will not be mailed home. **Check your SCASD email.** Delta students should contact the Delta Program (235-6447) with questions regarding your schedule or schedule changes. Read and follow all directions carefully.
- All CURRENT high school students who want to take Physical Education, Health, or Driver's Education online must take these courses through the SCASD flex virtual program. For instructions on how to register go to www.scasd.org select SC Virtual School in the top left drop down list, choose Academics in tabs across the top the Flex Courses. Do not use Chrome. Fall semester registration deadline is Aug. 31, 2018.
- Summer is a great time to earn your **community service hours**. A minimum of 20 hours of community service is required for graduation. You can find information and a list of local organizations that welcome high school student volunteers on www.scasd.org go to counseling on the right hand side of the webpage, click on Community Service.
- Study for the SAT/ACT and improve your scores! Get Results Tutoring is offering practice specials, see their website for details www.getresultstutoring.net

The Healthy Bodies Project at PSU will be providing free, healthy and nutritious meals to children under the age of 18 during the summer, June 18-August 24 at the following times and sites:

- Tudek Park, 400 Herman Drive, State College – Mondays and Wednesdays 12-1pm
- Orchard Park, 1060 Bayberry Drive, State College – Tuesdays and Fridays 12-1pm
- Blue Spring Park, 230 Wagner Street, Boalsburg – Thursdays 12-1pm
- Abba Java Coffee House at St. Paul’s United Methodist Church & Wesley Foundation 250 East College Ave (entrance at corner of Locust Lane and Calder Way Alley) – Tuesdays and Thursdays 12-1pm
- Schlow Centre Region Library, 211 South Allen Street, State College – Tuesdays 11:30am-12:30pm

Netflix recently released *13 Reasons Why, Season 2* which includes topics in the series such as: suicide, school violence, online and in person bullying, sexual assault and substance abuse. Given the gravity of these issues, we encourage guardians/parents to check out these general guidelines and resources www.13reasonswhytoolkit.org . See more on the Counseling website under our mental health/drug&alcohol and emergency info tab.

Still looking for something to do this summer? The Centre County Women’s Resource Center is offering their 2nd Annual Camp Peaceworks summer day camp free of charge July 23-27 at Seven Mountains Scout Camp. For more information go to: ccwrc.org/getinvolved/camp-peaceworks/ .

INFORMATION ABOUT PENN STATE

Penn State Undergraduate Admissions:

We want to let you know that there are significant changes happening with the application dates and deadlines (see list below) for students entering Penn State as first year students in 2019, summer or fall. In order to complete the SRAR students will need to be able to view their transcript through HAC, or they may stop by the counseling office throughout the summer to pick up an unofficial copy of their transcript any time during office hours.

Although the PSU application can be completed via The Coalition application, we **highly** recommend students use the PSU online application @admissions.psu.edu. You must use a non-scasd email address when applying. Please read the PSU application instructions on the Counseling website under our College Planning/College Admissions/App Process link before you submit it. The counselors will be meeting with Senior students and families regarding the college application process in early-mid September.

Students at State High continue to experience increasing competition for acceptance at PSU, especially at the **University Park** campus and into the **Schreyer Honors College**. Above average SAT scores and a strong GPA are a must. Keep up the good work!

Rising Seniors thinking about attending PSU? You and your family are invited to visit the University Park campus for tours, an overview of admissions and more at [Spend a Summer Day Class of 2019](#). ...register online at <https://admissions.psu.edu>

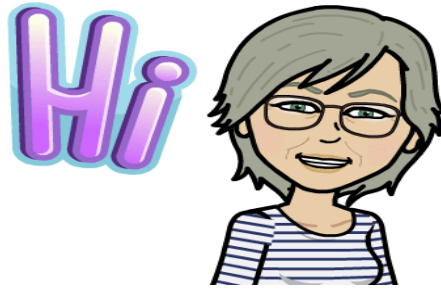
New at PSU: Golf Course Turfgrass Management! This is a 2 year professional certificate program, check it out at <https://plantscience.psu.edu/majors/golf>

NEW Dates and Deadlines for Penn State Admission

- August 1, 2018** Applications for undergraduate admission become available.
- October 1, 2018** Free Application for Federal Student Aid (FAFSA) becomes available.
- November 1, 2018** **Penn State's NEW Early Action filing deadline.**
- November 1, 2018** Schreyer Honors College priority filing date.
- November 30, 2018** Application priority filing date for students not selecting Early Action.
- December 1, 2018** FAFSA recommended filing date.
- December 24, 2018** **Early Action applicants will receive their decision** (admit to Penn State, deferral of decision, deny).
- January 31, 2019** November 30 applicants will receive their decision.
- Mid-February, 2019** Early awarding of student aid begins for applicants in Early Action.
- May 1, 2019** National Decision Day (enrollment deposits are due)!

KAREN'S COLLEGE KORNER

Tips from Mrs. Wolanski



- Interested in taking a Penn State class while you are still in high school? All non-degree applications for SCASD students are submitted to Penn State through the Learning Enrichment program. Stop in the North Counseling Office for applications and more information this summer. Penn State has firm deadlines for dual enrollment applications (July 15 for fall semester, November 15 for spring semester) so all applications are due for processing two weeks prior. If you need LE OUT to take a PSU class you must meet all LE OUT requirements before an application can be submitted on your behalf. Questions? Email Jennifer Rand at jls66@scasd.org
- Start working on your Common App Questions for 2018-19 @ <http://www.commonapp.org/whats-appening/application-updates/2018-2019-common-application-essay-prompts>